

Liliane de Vries founder of **ALIVE in Healthcare**, collaborates with healthcare organizations to create a culture of leadership by “**Leading from Humanity**”. Healthcare professionals experience overwhelm, burnout, and compassion fatigue, leading to toxic behaviours and bullying. She addresses these challenges through her model of **Relationship-Centred Care**© which begins with self. This includes **Leading Self, Engaging Others, and Systems Thinking**. It is only through this journey that healthcare organizations can reach stellar Patient-Centred Care. She has recently created a Movement called “Join the Movement—Nurses Reclaim Life!”



This gregarious fun-loving woman shakes up the status quo with over 35 years of experience as a front line nurse and coaching individuals and teams in the healthcare system.

Liliane shares her life story, being raised with French parents who’s journey through the Second World War impacted her perspective in a way that turned her life around. Still living under the same roof, she separated herself, for 6 months, from her husband & teenage children to “find herself”. Liliane often shares those lessons with her audience.

Over the past 17 years, she has turned her life around, knowing that healthcare professionals need to shift from being victims of their circumstances to taking charge of their happiness. There is no one to blame and nobody owes anybody anything! It is up to us alone to create from what is possible. Liliane speaks of how crucial the mindset, beliefs and well-being of our caregivers is at helping evolve the changes in healthcare; and Liliane helps them own that.

Liliane has her audience engaged and calls them forth in their thinking. They are sure to walk away with laughter in their hearts and solutions to their challenges. Organizations hire her to bring humanity back to life in their culture and lead themselves and others from that place. It’s a win-win for all.

BOOK LILIANE NOW! 647-381-7477

Liliane’s credentials are impeccable. She is a Non-Practicing RPN, PCC (Professional Certified Coach), CPCC (Certified Professional Co-Active Coach), CTI Leadership Graduate and an Organizational Relationship Systems Coach.



Nurses are Joining the Movement

Find out more...

- Tuesdays at 10 am EST
- Thursdays at 2 pm EST
- Fridays at 12 pm EST

Come join the conversation!
Secure your FREE spot today!

www.aliveinhealthcare.com/jointhemovement

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1-647-381-7477



Client list includes:

Unity Health Toronto, Providence Healthcare Centre, Groote Schuur Hospital (Cape Town, South Africa), RPNAO, Baycrest, Leisureworld, Toronto General Hospital, Thunder Bay Regional Health Centre, Steps Plus, ICF (International Coach Federation), Sick Children’s Hospital, Positive Fabulous Women, St Paul’s Bloor and more.

A published author of “**The Passionate Nurse**”, Liliane is always in pursuit of personal development opportunities.

“Nurses Reclaim Life”

Most requested KEYNOTES



It's time! Liliane has a way of including nurses in their solutions and not allowing them to get caught up in the hardships. It's about moving forward with positivity and possibilities. This Keynote promises that nurses are given the time to vent and be heard, and then provided with scientifically proven direction on how to use mental fitness as a key tool towards joy. This is a takeaway that can be immediately implemented. Liliane has a way of connecting with her audience and creating trust as a fellow nurse. Her vulnerability and the ability to laugh at herself has the nurses wanting more.

They will be provided the opportunity to continue these weekly conversations as a global collective.

“Leading from Humanity”

In this Keynote, Liliane delivers an inspirational and engaging, content rich message that is sure to bring hope to healthcare professionals. She defines what humanity means to her and shares why we are struggling to meet life's basic human needs. Her solution to stellar Patient-Centred Care begins with what she calls **Relationship Centred Care©**, which she explores with the audience. Liliane's style is to speak with the audience and not to them. She knows that being spoken to just means people return to their same behaviours; speaking with the audience engages them to move into action. Her goal is to bring new world views to them, have them embody the learning and walk away with a plan of action and accountability.



“Resuscitating Healthcare”



Liliane's Keynote delivers an inspirational and engaging, content rich message that is relevant to all healthcare professionals in their roles & responsibilities, and as human beings. Liliane promises to get her audience involved, committed and engaged in being the change they want to see in healthcare. You can count on Liliane to speak with the audience in the most compelling way and have them walk out fully committed to an immediate plan of action. She speaks the hard truth & provides solutions that work. She shares her story and how to

implement 3 key steps to resuscitating yourself and others in healthcare. Her successful strategies are used by managers, front line staff, and other healthcare professionals. One person at a time; one team at a time; we **will** bring life back to healthcare.

BOOK LILIANE TODAY! 647-381-7477

BENEFITS you can expect:

- A revived sense of hope for humanity in healthcare
- An awareness of self responsibility and ownership
- Nurses joining together to find solutions
- New world views and an understanding of other's perspectives
- Employee engagement
- A reconnection to the passion for healthcare and your profession
- A bigger sense of purpose
- An understanding of a culture of leadership
- A model of care based on Relationship-Centred Care©
- Plan of action and accountability to instill more humanity
- Movement towards the application of Relationship and Patient-Centred Care
- Managers reaching out to their peers for support and ideas
- Long term impacts include improved communication, decreased sick days and increased productivity



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