



## Liliane de Vries collaborates with healthcare organizations to provide high quality patient care by addressing the biggest challenge that is costing healthcare money and pain. The nurses and physicians are experiencing overwhelm, burnout, compassion fatigue leading to toxic behaviours and hierarchical & horizontal bullying.



This gregarious fun-loving woman shakes up the status quo with over 35 years of experience as a front line nurse and coaching individuals and teams in the healthcare system.

Liliane shares her life story, being raised with French parents who's journey through the Second World War impacted her perspective in a way that turned her life around. Still living under the same roof, she separated herself, for 6 months, from her husband & teenage children to "find herself". Liliane shares those lessons with her audience.

Over the past 14 years, she has turned her whole life around - knowing that healthcare professionals need to shift from being victims of their circumstances to taking charge of their happiness. There is no one to blame and nobody owes anybody anything! It is up to us alone to create from what is possible. Liliane speaks of how crucial the mindset, beliefs and well-being of our caregivers is at helping evolve the changes in healthcare; and Liliane helps them own that.

As a speaker, Liliane has her audience engaged and calls them forth in their thinking. They are sure to walk away with laughter in their hearts and solutions to their challenges. Organizations hire her to reignite the fire in their staff and show them that self responsibility is the only way.

**BOOK LILIANE NOW! 647-381-7477**

Liliane's credentials are impeccable. She is an RPN, CPCC (Certified Professional Co-Active Coach), Relationship Coach and a Consultant of Workplace Wellness & Health Promotion.

Liliane's involvement as a collaborator and hub leader in Toronto for the upcoming movie "**The Difference™ Movie**", can best be described as the same genre of movie as "**The Secret**" and "**What the Bleep do we Know?**". This project continues to be an exciting part of her world work. Her involvement with Executive Producer, Jacqueline Bignell of Australia, promises to make a world of difference in the lives of 6 billion people whom they plan to touch with this movie.



*"...the 'masks' came off, the work-titles dissolved and people began sharing with each other at a very intimate level." Linda Lewis, Manager*

*"This day will certainly help me grow as a leader because it taught me skills for communication that I did not have before." Thunder Bay Regional*

### **Client list includes**

Providence Healthcare Centre, RPNAO, Leisureworld, Toronto General Hospital, Thunder Bay Regional Hospital, Telus Communications, Baycrest, Steps Plus, International Coach Federation, Sick Children's Hospital, Positive Fabulous Women, St Paul's Bloor and more.



# “Resuscitating Healthcare”

**Most requested  
KEYNOTE**



In this Keynote, Liliane delivers an inspirational and engaging, content rich message that’s relevant to all healthcare professionals in their roles and as human beings. Liliane gets her audience involved, committed and engaged in being the change they want to see in healthcare. You can count on Liliane to speak with the audience in a compelling way and have them walk out committed to an immediate plan of action. She speaks the hard truth and provides solutions that work.

Liliane shares her story and how to implement 3 key steps to resuscitating yourself and, in turn, healthcare. Her successful strategies are used by managers, front line staff, and leaders of all kinds.

In this powerful, engaging and interactive keynote, you will learn:

- What personal and business rituals are necessary for you, on an individual basis, to create long lasting success and happiness
- How to change your mindset by changing your physical state of mind in order to achieve the results you want
- A step by step approach to changing your limiting beliefs into empowering beliefs, the very thing holding you back from believing that you can achieve anything you put your mind to
- The toxic behaviours used in most relationships, why we use them and a solution to creating healthy relationships



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Sunnybrook Hospital

## Results Organizations See

Once Liliane has worked with individuals in organizations, either through keynote speaking, workshops or one on one coaching, it has been reported:

- Employees are more engaged
- Employees take responsibility for their actions
- Employees communicate with more respect for themselves and others
- Employees get up happier and more excited about coming to work
- There are fewer sick days used and productivity is significantly higher
- Nurse Managers are reaching out to their peers for support and ideas
- Employees are reporting back that they feel more purposeful in their job
- Patients and families are happier with the level of care